

To Students, Faculty Members, and Staff,

Guidelines to prevent the potential transmission of the novel coronavirus (June 22nd, 2020)

Gunma Prefectural Women's University 3 Basic Rules

- Keep a record of your health and action every day.
- Stay home if you have a cold or a fever of 37.5C (99.5F).
- Avoid the “3 Cs”
 - * Confined spaces (with poor ventilation)
 - * Crowded places (with many people nearby)
 - * Close contact (with people)

1 Keep a record of your health and action every day.

Please instruct students who forget to take their temperature to go to the infirmary or each department office. They can take their temperature with a non-contact thermometer.

<https://www.gpwu.ac.jp/info/2020/04/10.html>

2 Stay home if you have a cold or a fever of 37.5C (99.5F).

- If you are suspected of being infected with the COVID-19, please do not come to school or come work. Please be sure to contact the following and stay home.
- If you feel unwell after coming to school or coming to work, please return home immediately.
- If you or your family members are diagnosed with COVID-19 or are suspected of having COVID-19, you must report that diagnosis to the university by email.

Students:	corona-g@gpwu.ac.jp
Faculty members and staff:	corona-k@gpwu.ac.jp

※When dealing with students who are absent from classes or final exams, GPWU will take alternative measures such as additional exams so that the students will not be disadvantaged.

【English Consultation Center for recent arrivals and people who have been exposed to a person with confirmed COVID-19】

If the following applies to you, please contact the Consultation Center (Only for those staying in Gunma Prefecture).

https://www.pref.gunma.jp/07/z87g_00009.html

- You have a continuing fever of 37.5°C or above for over 4 days. (Counting the days you have felt the need to take fever-relief.)
- You have intense fatigue and/or shortness of breath.
- You are a senior or someone with pre-existing medical conditions, in which case, if the above mentioned symptoms continue for 2 days, please contact the center.

One Stop Consultation Center for Foreign Residents of Gunma (English, Chinese, Portuguese are spoken) 027-289-8275

<https://www.facebook.com/Gunma-Onestop-Center-in-English-114498999931472/>

- 3 Avoid the“ 3 Cs.”**
- 4 Maintain social distancing (1 to 2 meters).**
- 5 Maintain good ventilation frequently.**
- 6 Encourage hand washing with soap, hand sanitization, mask wear, and cough etiquette.**
- 7 Precautions for using school facilities**
 - At the cafeteria, the salon, and the community lounge, maintain social distancing and avoid talking loudly.
 - Be considerate of others waiting to use the locker room. Conversation in the locker room is prohibited.
- 8 Student circles and student groups must refrain from hosting in-person events such time as GPWU deem it safe to do so.**
 - If you have a unavoidable need for activities, please contact the Student Affairs Section of the secretariat.
- 9 Please refrain from traveling and business trips to areas where COVID-19 are endemic.**
 - Overseas travel to areas with infectious disease risk level 1 or higher is not possible.
<https://www.anzen.mofa.go.jp/> (Ministry of Foreign Affairs Overseas)

※Please implement 3 to 6 both on-campus and off-campus.

※The Detailed policy is on the web site

<https://www.gpwu.ac.jp/info/2020/06/post-221.html> (GPWU web site)